## KINESIOLOGY

### Physical Education Option, B.S. (120 Units)

Valid for Catalog Years: 2012/2013 to 2017/2018

*Official planning guide approved by the College of Health & Human Services*

For assistance or to schedule an advising appointment, please contact the Department of Kinesiology at 559-278-2016, South Gym 112

**HHS Advising and Career Development Center:** 559-278-5027, McLane Hall 194

### General Education

<table>
<thead>
<tr>
<th>Freshman</th>
<th>Sophomore</th>
<th>Junior</th>
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<tr>
<td>Fall</td>
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<tr>
<td>Units</td>
<td>14-17</td>
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#### Milestones

- **A1 (3 Units)**
  Oral Communication
  *Must pass with a C or better*

- **A2 (3 Units)**
  Written Communication
  *Must pass with a C or better*

- **A3 (3 Units)**
  Critical Thinking
  *Must pass with a C or better*

- **C1 (3-4 Units)**
  Arts

- **B1 (3-4 Units)**
  Physical Universe & Its Life Forms

- **B2 (3-4 Units)**
  Life Sciences

- **B3 (0-3 Units)**
  Lab

- **C2 (3-4 Units)**
  Humanities

- **C1/C2 (3-4 Units)**
  Arts or Humanities

- **D1 (3 Units)**
  American History

- **D2 (3 Units)**
  American Government

- **D3 (3 Units)**
  Social Science

- **B4 (3-4 Units)**
  Quantitative Reasoning
  *Must pass with a C or better*

- **KAC Area A (1 Unit)**
  KAC 40, 41, 43, 44, 47, 49, or 50

- **KINES 1 (3 Units)**

- **KINES 31 (3 Units)**

- **KINES 110 (3 Units)**
  [Pre-Req: KINES 1 or 20 & 25], 31, 32, 35

- **KINES 33 (3 Units)**

- **KINES 122 (3 Units)**
  Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C

- **KINES 123 (3 Units)**
  Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120; KAC Area A, B, C

- **KINES 144 (3 Units)**
  Pre-Req: KINES 1, 31, 32, 33, 35, 110, 116, 118, 120, 122, 123, 131; KAC Area A, B, C

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<tr>
<td>KAC Area B (1-2 Units)</td>
<td>KINES 35 (3 Units) or BIOL 33 (5 Units)</td>
<td>KINES 118 (3 Units) [Pre-Req: KINES 35, BIOL 33, BIOL 64 &amp; 65, or (PHTH 119 &amp; BIOL 65)]</td>
<td>KINES 120 (3 Units) [Pre-Req: KINES 31, 32, 35, 110, 118, 120; KAC Area A, B, C]</td>
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<td>KAC 10, 12, 13; DANCE 115, 117A, 155A, 158A; or CLAS 107</td>
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<td>GE Area E</td>
<td>KINES 32 &amp; KAC 4, 6, or 103 (3 Units) Lifelong Understanding &amp; Self Development</td>
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<td>KINES 116 (3 Units) [Pre-Req: KINES 35, BIOL 33, BIOL 64, PHTH 119, or PHTH 125]</td>
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<td><strong>UDWS (0-4 Units)</strong></td>
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Revised 8/2018
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**FOOTNOTES:**  
**Prerequisites/Corequisites:** Other restrictions may apply. Please see your course catalog for detailed prerequisite/corequisite requirements.  
**Grade Requirements:** CR/NC grading is not permitted in courses for the Kinesiology major, except in those courses which are designated CR/NC grading only. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course.  
**General Education:** Units in this area may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty adviser for further information.  
**Electives (19-24 units):** Units in this area may be used toward a double major or minor. Students must earn a minimum of 120 units total to graduate. The number of required elective units may vary, depending on the amount of units earned from major and GE courses.  
**Upper Division Writing Skills requirement (UDWS):** All undergraduate students must demonstrate competency in writing skills by passing the Upper Division Writing Exam (UDWE) or by obtaining a C or better in an approved upper division writing course, identified by the letter "W."