

Dietetics and Food Administration

The Department of Food Science and Nutrition

Join the leader in science, technology, and management. Students majoring within the Department of Food Science and Nutrition are prepared for a wide range of professions in the food industry the largest single industry in the United States. California State University, Fresno is centered in the greatest food production and processing area in the world.

The department facilities include the Dairy Processing Plant, Food Processing Research Laboratory, the Food Preparation and Product Development Laboratories, Food Science Analytical Laboratory, Food Sensory Laboratory, and the Computer Laboratory. These facilities are used by students and faculty to provide a practical education founded on science and technology.

The faculty members continue to be recognized for quality hands-on education as well as scholarly contributions to their academic disciplines. Each student is assigned to a faculty adviser to maximize the student's educational experience at California State University, Fresno. The faculty members are noted for cooperation and activity within each industry to prepare and place graduates in their chosen careers.

Dietetics Program

Eating right and living healthy have become priorities for many Americans. The field of dietetics promotes food first for the health and well-being of all Americans. The Dietetics and Food Administration option for the Bachelor of Science in Food and Nutritional Sciences focuses on meeting the individualized nutritional needs from cradle to death, both in health and disease. The integration of nutritional science and medical nutrition therapy with food service management and food science provides the student with a strong foundation suited for a dietetic internship, graduate school or professional career.

The Dietetics and Food Administration curriculum is accredited by The Academy of Nutrition and Dietetics (The Academy) - professional website for more information: (www.eatright.org) in order to meet the academic requirements for becoming a Registered Dietitian Nutritionist (RDN). Following successful completion of this program, students are eligible to apply for an accredited by The Academy of Nutrition and Dietetics dietetic internship, the practice requirement for becoming an RDN.

Career Opportunities

Registered Dietitians Nutritionists (RDNs) work in a wide variety of employment settings,

including health care, business and industry, public health, education, research, and private practice.

Many work environments, particularly those in medical and health care settings, require that an individual be credentialed as RDNs.

RDNs work in the following settings:

- Hospitals, HMOs, or other health care facilities
- Sports nutrition and corporate wellness programs
- Food and nutrition-related businesses and industries
- Private practice
- Community and public health settings
- Universities and medical centers
- Research areas in food and pharmaceutical companies, universities, and hospitals

RDNs may have the following job titles:

Clinical Dietitian
Community Dietitian or Nutritionist
Nutrition Program Advocate
Sports Dietitian Nutrition Consultant
Nutrition Counselor
Nutrition Educator
Commercial/Institutional Food Service Director
Food and Nutrition Media Specialist

California State University, Fresno

Department of Food Science and Nutrition
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B.S. in Food and Nutritional Sciences

Option:
Dietetics and Food Administration

M.S. in Food and Nutritional Sciences

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Dietetics and Food Administration

College/University Professor
Food/Nutrition Researcher

Required Food and Nutrition Courses

Introduction to Food and Nutrition Careers
Elementary Nutrition
Food & Culinary Science
Introduction to Food Science
Nutrition across the Life Cycle
Techniques for Healthy Cooking
Food Safety for Food Service Professionals
Introduction to Food Systems Management
Quantity Food Production
Cost Analysis in Food Systems Management
Community Nutrition
Food and Culture
Advanced Nutrition
Senior Dietetics Seminar
Nutrition Assessment
Medical Nutrition Therapy
Food and Nutrition Communication

Additional Required Courses

Statistics
Psychology
Introduction to Counseling
Introductory General Chemistry
Elementary Organic Chemistry
General Biochemistry
Human Physiology
Introductory Microbiology

Educational and Professional Requirements

Registered Dietitians (RDNs) are food and nutrition experts who have met the following criteria to earn the RDN credential:

- Complete a minimum of a bachelor's degree at a U.S. regionally accredited university or accredited college and complete coursework accredited by the Accreditation Council for Education and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (The Academy).

Admission Requirements to RDN Track at Fresno State:

- GPA: 3.0 or higher in all attempted college coursework
- Statement of professional goals
- Minimum of 240 hours of work or volunteer experience in dietetics
- Complete a supervised ACEND-accredited practice program
- Pass a national examination administered by the Commission on Dietetic Registration (CDR)
- Complete continuing professional educational requirements to maintain registration

Some RDNs hold additional certifications in specialized areas of practice, such as pediatric or renal nutrition, nutrition support, and diabetes education. These certifications are awarded through the CDR, the credentialing agency for other medical and nutrition organizations that are recognized by the profession.

In addition to RDN credentialing, many states have regulatory laws for dietitians and nutritional practitioners. Frequently these state requirements are met through the same education and training required to become an RDN.

For more information, contact

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PLEASE NOTE: This document is for general informational purposes only. The information is subject to change; consult the appropriate department or an academic adviser. Entering freshmen must follow the revised General Education program effective fall 1999 and thereafter. The university catalog and schedule of courses are available online at www.fresnostate.edu/ClassSchedule and www.fresnostate.edu/catalog.

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